

## The Matrix Model

Hamilton Center is the first certified Matrix Model treatment site in the State of Indiana. This certification is only awarded to programs who have achieved the highest possible degree of fidelity to the Matrix Model.



The Matrix Model, an intensive outpatient treatment approach for those with substance use disorders, was developed through 30 years of experience in real-world treatment settings. The intervention integrates aspects of several treatment approaches, including cognitive behavioral therapy, contingency management, motivational interviewing, 12-step facilitation, family involvement, and supportive / person-centered therapy.

Core components consist of early recovery groups, relapse prevention groups, family education, social support groups, and individual counseling delivered over a 16 week period. Clients learn about issues critical to addiction and relapse, such as cravings and related behaviors. Clients also receive direction and support from a trained therapist, become familiar with self-help programs, and are monitored for drug use. Family members receive education to help understand and support the recovery process.



# 800.742.0787

Hamilton Center - access to service line

### VIGO COUNTY

**Corporate Office**  
620 Eighth Ave.  
Terre Haute, IN 47804  
812-231-8323

**Addiction Services**  
66 Wabash Ct.  
Terre Haute, IN 47807  
812-231-8171

**Child & Adolescent Services**  
500 Eighth Ave.  
Terre Haute, IN 47804  
812-231-8376

**Employment Solutions**  
1616 Wabash Ave.  
Terre Haute, IN 47807  
812-231-8355

**West Terre Haute**  
805 W. National Ave.  
West Terre Haute, IN 47885  
812-533-2145

**Western Indiana  
Recovery Services**  
88 Wabash Ct.  
Terre Haute, IN 47807  
812-231-8484

### CLAY COUNTY

1211 E. National Ave.  
Brazil, IN 47834  
812-448-8801

### GREENE COUNTY

Lonetree Rd.  
Linton, IN 47441  
812-847-4435  
  
431 E. Main St.  
Bloomfield, IN 47424  
812-384-9452

### HENDRICKS COUNTY

900 Southfield Dr.  
Plainfield, IN 46168  
317-837-9719

### MARION COUNTY

2160 N. Illinois St.  
Indianapolis, IN 46202  
317-937-3700

### OWEN COUNTY

909 W. Hillside Ave.  
Spencer, IN 47460  
812-829-0037

### PARKE COUNTY

215 N. Jefferson St.  
Rockville, IN 47872  
765-569-2031

### PUTNAM COUNTY

239 Hillside Ave.  
Greencastle, IN 46135  
765-653-1024

### SULLIVAN COUNTY

2134 Mary Sherman Dr.  
Sullivan, IN 47882  
812-268-6376

### VERMILLION COUNTY

510 S. Main St.  
Clinton, IN 47842  
765-832-2436



## Substance Abuse Treatment



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# Comprehensive Substance Abuse Treatment



## Substance Abuse Treatment

Substance use disorders are complex problems. People with these disorders once were thought to have a character defect or moral weakness; however, medical practitioners now consider dependence on alcohol or drugs to be a long-term illness, like asthma or diabetes. Most people who drink alcohol drink very little, and many people can stop taking drugs without a struggle. However, some people develop a substance use disorder - use of alcohol or drugs that is compulsive or dangerous. Hamilton Center has been providing comprehensive substance use services for close to fifty years. The organization provides outpatient programs in each community it serves in central and west central Indiana. Additionally, services such as residential and inpatient services are available in Vigo County, Terre Haute Indiana. All services are provided by trained and credentialed staff in substance use treatment.

## Individual & Group Therapy

Hamilton Center provides individual and group therapy for those struggling with substance use disorders. Techniques used are research based and shown to be the most effective approaches to care. Included are Motivational Interviewing, Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Relapse Prevention Training.

## western indiana recovery services

Western Indiana Recovery Services is Vigo County's first opioid treatment program certified by the state of Indiana. This clinic provides daily Methadone administration and behavioral health counseling and case management to provide comprehensive medication assisted substance abuse treatment.

## Medication Assisted Treatment

Medication Assisted Treatment, or MAT, is substance abuse treatment that combines prescription medication coupled with behavioral health services such as individual and group counseling, case management and other support services as appropriate. There are several types of medications to effectively treat substance use disorders including but not limited to Vivitrol, Suboxone and Methadone.

If Methadone treatment is not recommended, our staff at Western Indiana Recovery Services will be able to provide referrals to the most appropriate and effective treatment.

For information on Western Indiana Recovery Services, call **812.231.8484**

## Case Management

Case management assists individuals in living successfully in the community with an enhanced quality of life. Care Managers at Hamilton Center are a critical part of the treatment team and assist clients with increasing their independent living skills. They work with clients to address issues such as improving coping skills, communication skills, self-care, the management of physical health issues, anger management, understanding of trauma and improving relationships. In addition, care managers have a board knowledge of community resources and work to link clients with healthcare, insurance, social security benefits, educational institutions and much more. Lastly, they may also help coordinate involvement with the court system, or other referring agencies.

## Transitional Living

Hamilton Center provides transitional living programs in Vigo County designed for those suffering from substance use disorders. These 90 day programs work to support those in recovery by offering a place to live while working on skills needed to live independently, free of substances.

## Peer Recovery

Peer Recovery Services are services designed and delivered by Certified Recovery Specialists (CRS), people who are in recovery from substance use disorders and/or mental illnesses. They have firsthand experience with these illnesses and can offer support and understanding by using their personal recovery stories to assist others. Certified Recovery Specialists are trained to assist consumers in every stage of their recovery.

