



Announcing an art, poetry and photography competition depicting the theme:

***Life is For Real.
You Are Not Alone.***

Hamilton Center is a community mental health center that serves behavioral healthcare, wellness and human development services for person from birth to death. Since 1974, the organization has been building hope and changing lives.

Most people view having a broken arm, wearing glasses or having asthma as normal and routine conditions that no one is ashamed of. However, having a mental illness is not always viewed in the same light. HCI feels that it should be! Help is available to overcome mental illness just as it is for other physical ailments.

Mental health is an essential component of everyone's overall health and well-being. Overall health and well-being is a balance between our emotional, physical, spiritual and mental health. Just as we check our blood pressure and get cancer screenings, it is a good idea to take periodic stock of our emotional well-being.

HCI's theme this year has focused on removing the negative stigma that exists about mental illness. The theme "Life is For Real. You Are Not Alone" sends a message that even though an individual has to deal with a mental illness or an addiction; there is hope for recovery.

One such initiative involves community members who are invited to participate in an art, poetry and photography competition and exhibition. Categories for the competition will include students in middle school-high school and a general category for adults. Artists and writers from all counties served by HCI are encouraged. Those counties include Clay, Greene, Hendricks, Marion, Parke, Putnam, Sullivan, Vermillion, and Vigo.

The top winner in each category will receive an award package and will be invited to attend the Hamilton Center Annual Dinner – along with a guest—on October 25, 2016.

All Entries Must Comply With the Following Contest Rules:

- All entries must be created upon the theme ***“Life is For Real. You Are Not Alone.”*** All entries will be displayed at the dinner and could be used in future HCI and or HCI Foundation publications, advertising and marketing efforts.
- Participation is free. All artists and writers who submit entries must submit by the cut-off date—October 17, 2016. Entries may be limited due to the volume of submissions.
- All entries must have the 2016 ***“Life is For Real. You Are Not Alone”*** entry form attached.
- Artwork must be original
- Poetry must be original, created for this project and typed (preferred) or neatly and legibly handwritten on an 8 ½ X 11 inch paper.
- An independent panel of HCI staff members will conduct selection of the award winners.
The decision of the selection committee will stand. There is no appeal process.
- All entries must be submitted either by postal mail or hand delivered to the HCI location in your county or by mail to:

Stacey Totten
Hamilton Center
Marketing Department
620 Eighth Avenue
Terre Haute, IN 47804

Entries can be mailed or hand delivered to Stacey Totten at the address listed above.

Good luck!

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depicting the theme



*Life is For Real. You Are Not
Alone*

2016 ENTRY FORM

(Must be attached to art, photography, or poetry entries)

Your Name			
Address/			
City/Zip			County:
Category (check)	<input type="checkbox"/> Middle or High School Student	<input type="checkbox"/> General (Adult)	
Phone Number			
E-mail Address			
If you are a student:			
School (if any)			
Teacher/Instructor (if applicable)			
Terms and conditions	By signing below, you agree it is understood that entries become the property of Hamilton Center Inc., will be displayed at the annual dinner and may be used in promotional activities such as advertisements, presentations or publications. By signing below, I agree to these terms and conditions.		
Signature of artist/writer			
Signature of Parent/Guardian (if a minor)			
DATE SUBMITTED	<input type="text"/>	DATE RECEIVED:	<input type="text"/> (HCI use)

THIS FORM MUST ACCOMPANY ART, PHOTOGRAPHY, OR POETRY THAT IS SUBMITTED FOR THIS COMPETITION. Entries must be mailed or delivered to the HCI office in your county. For Vigo County entries, deliver entries to Stacey Totten, 620 Eighth Avenue, Terre Haute, IN 47804. You can also mail entries from all counties to the Terre Haute address.

Questions? Contact Stacey Totten at 812-231-8314 or by e-mail at stotten@hamiltoncenter.org