



LIFE IS FOR REAL.
YOU ARE NOT ALONE.

2016 ANNUAL REPORT



HAMILTON
CENTER, INC.

MISSION

Hamilton Center exists to provide quality behavioral healthcare, wellness and human development services to our community.

VISION

Our Vision is to advance excellence in behavioral health services through compassion, customer responsiveness, innovation and flexibility.

CORE VALUES

1. We believe in the worth of all people and believe that they should be treated with dignity, respect, and compassion – people with mental illnesses are valued and deserve respect and access to services.
2. We aspire to participate in improving the quality of life of all people and the communities in which we live.
3. We believe in serving people in their home communities – we believe in the least restrictive care, care that allows people to live as independently as possible.
4. We believe people with mental health problems can recover and/or improve their quality of life.
5. We believe in working with and supporting stakeholders in the community. We believe in working collaboratively with others to help consumers while utilizing a holistic team concept, and providing wraparound services.
6. We value our employees as people and what they do for the organization.
7. We strive to find the resources to serve people regardless of payer source.

In September 2000, keynote speaker, Kevin Hines leapt off the Golden Gate Bridge, San Francisco, CA. (pictured here) in an attempt to end his life.



MESSAGE FROM THE CEO

As I arrive at work each morning, usually around 5:00 am before the activities of the day begin, I often think about the theme of this year's Hamilton Awards Dinner and this community report, "*Life is for Real. You are not Alone.*" I think of the obvious, our consumers and their mental health struggles that often are addressed alone, but I also think of the 550 employees who work each day to improve the quality of life for those served. I feel a tremendous responsibility to help each employee work to his or her fullest potential, and I acknowledge the importance that our organization plays in their quality of life and that of their families. Great employees provide great service - we can't have one without the other. I try each day to recognize that life is for real, "we only go around once", and that we are not alone in that pursuit.

This year's Annual Report highlights our work together with the community, referring agencies and employees to brainstorm, collaborate, look for opportunities

and implement programs and services that benefit the thousands of consumers we serve. As pleased as I am with our accomplishments, we need to do more. As a community in central and west central Indiana, we must continue to identify gaps in services and work to secure resources to implement new and innovative approaches to care as well as maintain our safety net programs in which so many people rely. We will continue to push as we see opportunities unfold and appreciate the partnerships we have with community organizations such as local law enforcement/criminal justice system, the school corporations, and the medical community. A few highlights of those collaborations include:

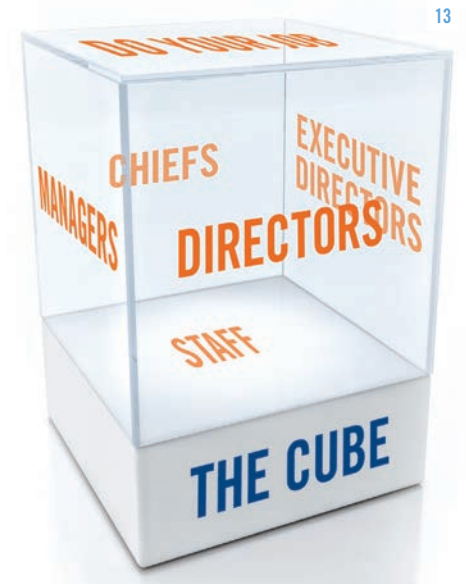
- The establishment of a community "Blue Ribbon Committee" to begin dialog about the potential need for additional residential addictions services and acute/residential child and adolescent services.

- The continuation and enhancement of our New Citizens program where Hamilton Center employs those who have previously served time in the criminal justice system.
- Began work with the Vigo County Sheriff's dept., the Prosecutor Office, the Public Defender's Office, Superior Court 5, and Community Corrections to plan for a new Vigo County jail to therapeutically address the needs of inmates with serious mental illnesses or addiction disorders.

Thank you to all for a successful year. I look forward to a great deal more to come.

Sincerely,

Melvin L. Burks, CEO



EVENTS AND HIGHLIGHTS

22 PUSH UP CHALLENGE

MVP Program Coordinator, William Little, accepted the 22 Pushup Challenge from Vigo County Veteran's Court Judge John Roach. The purpose of the challenge is honoring those who serve, and raising awareness for veterans' suicide awareness prevention. This was a social media-based challenge where individuals perform 22 push-ups per day for 22 days and post the video to their social media pages. Little accepted the challenge and worked with local sports teams, community leaders, and other entities and completed 22 pushups per day for the month of September.

PHOTOS

- 5: Bill Little and Judge John Roach perform pushups in front of 9/11 memorial
- 6: The Indiana State Men's Basketball team accepted the 22 Pushup Challenge

WE LIVE

The first annual "We Live" event was held at Rose Park August 20, 2016. The event brought the community together to offer community resources, support and a great deal of fun to those in the Rose Park area, Vigo County. Local college and high school sports teams, law enforcement, and community partners and leaders offered their services to make the event a success with over 1,000 people in attendance.

PHOTOS

- 7: Tony Brewer, Director of HCI East, and Greg Allen, Referral Liaison, preparing food at the We Live event
- 11: Melvin L. Burks addressing the crowd at We Live

HANDPRINTS FOR HOPE

The therapist's hallway in the Child and Adolescent services building, Vigo County, is now adorned with the inspirational quote "You are Braver than you Believe, Stronger than you seem, Smarter than you think, and more Loved than you know." In addition to the quote, are colorful handprints belonging to the children. The "Handprints for Hope" are expected to cover the entire hallway as children share their hope for recovery from mental health issues.

PHOTOS

- 3: One of the first "Handprints for Hope"
- 14: Anastasia Godsey, Program Manager of Child & Adolescent Services, Mark Collins, Director of Child Services, and Missy Burton, Clinical Supervisor, pictured in front of "Handprints for Hope"

SPRING CLEANING WITH MEANING

During the Point in Time homeless count on January 28, 2016 Katherine Korak-Hutchens, a 5th grade student at Ouabache Elementary School, Vigo County, decided she wanted to help others who were less fortunate. A clothing drive challenge was held and Ouabache won and celebrated with a pizza party, compliments of Hamilton Center.

PHOTOS

- 1: Meghan Creech, Director of Adult Services, and Jennifer Hutchens, Program Manager of Vigo County Outpatient Services, collect clothing for the Spring Cleaning with Meaning Clothing Drive
- 4: Hamilton Center employees delivering pizza to Ouabache Elementary School for winning the Spring Cleaning with Meaning Clothing Drive

EMPLOYEE KICKOFF

The fifth annual employee kickoff was held at the Indiana Theater, Terre Haute, on July 15, 2016. Over 500 employees gathered in various downtown restaurants prior to the kickoff to have breakfast and enjoy fellowship with their coworkers. Inspiring words were shared by CEO, Melvin L. Burks, and employees enjoyed a health and wellness fair in conjunction with the event.

PHOTOS

- 8: Hamilton Center employees enjoying the Employee Kickoff
- 12: Hamilton Center employees enjoying breakfast before the Employee Kickoff

BLUE RIBBON COMMITTEE

Hamilton Center pulled together community leaders and representatives from a variety of referring agencies to begin dialog about gaps in treatment specifically for those needing residential addictions treatment and acute child and adolescent services. More discussion is slated to occur in the new fiscal year.

PHOTOS

- 9: Melvin L. Burks speaking at the Blue Ribbon Committee Meeting

THE CUBE

Created by the CEO, Melvin L. Burks, the "cube" is a representation for staff of how Hamilton Center should operate. Key features of the cube include effective communication, being policy driven, operationalizing processes to full completion and focusing on data and outcomes when making decisions. All staff have a role in the cube to ensure customer service and quality care.

PHOTOS

- 13: Visual Representation of "The Cube"

SHERIFF'S SHOOTOUT

The 25th annual Sheriff's Shootout Golf Classic was the most successful fundraiser in Hamilton Center history. \$40,000 was raised for Child and Adolescent Services. A big thank you to all of the many sponsors who helped make this event the best ever!

PHOTOS

- 2: Joseph Etling, President of Hamilton Center's Board of Directors, and Dr. Ahsan Mahmood, Chief Medical Officer, accept their Sheriff's Shootout trophy. Also pictured is Danny and Joey Etling of the winning team
- 10: Adria Davis, Administrative Assistant, and Stephanie Lafata, HR Generalist, helping out at the Sheriff's Shootout



HIGHLIGHTED PROGRAMS

PROJECT AWARE "TRAIN THE TRAINER"

Advancing Wellness And Resilience Education

Through a grant, national trainers for Youth Mental Health First Aid (YMHFA) trained thirty staff at Hamilton Center. Project AWARE (Advancing Wellness and Resilience in Education) started as a national goal from President Obama to "reach 750,000 young people through programs to identify mental illness early and refer them to treatment." Volunteers from all over the state came to participate in the training. The training certifies participants to train others in Youth Mental Health First Aid and mental health literacy.

MVP



The Military Veteran Program (MVP) was established earlier this year to provide support to active military, veterans and their families. The program's goal is to provide quality mental health services, education and other support to military affiliated families throughout the Wabash Valley. The program is coordinated by therapist, veteran, and veterans' advocate, William Little. Little has been working closely with Judge John Roach and the recently established Veteran's Court to combine efforts in fulfilling a need for those who have served our country.

INCREDIBLE YEARS

The Incredible Years



Hamilton Center offers Incredible Years, an evidence based program for parents and children. In this program, families are educated on social emotional learning and self-control skills. This program has proven to be effective in strengthening teachers' and parents' management skills, helping children recognize and improve behavior problems, helping families regulate emotions, and increasing children's school readiness.

Statistics for the program in general show 80% of children participating in the program have improved behavior. These behavior patterns, if not corrected early, are known to lead to problems in adulthood such as high unemployment, mental health problems, teen pregnancies, criminal infractions, and suicide attempts. Hamilton Center offers this program at all sites.

PATH

Project for Assistance in Transition from Homelessness (PATH) is an outreach program that provides referrals and assistance for those in need of insurance, benefits, emergency shelter, housing, employment, legal concerns, health and mental health services. This program helps to reduce barriers and provide supportive services to individuals with serious mental illness and/or serious mental illness with substance use disorder.

STRENGTHENING FAMILIES PROGRAM



Hamilton Center was awarded a grant from Department of Mental Health and Addiction (DMHA) to provide an evidence based program in 5 elementary schools in Clay, Parke, Sullivan, Vermillion and Vigo counties. The Strengthening Families program (SFP) is used to improve the following services:

- Substance abuse prevention and education
- Assistance for children who are at risk of dropping out of school
- Parenting skills
- Family communication education
- Social skills education and development

As an additional benefit to the communities, Hamilton Center also provides grief counseling by referral to anyone in the program as well as suicide awareness and prevention training for parents, school staff, and the community.

PBIS

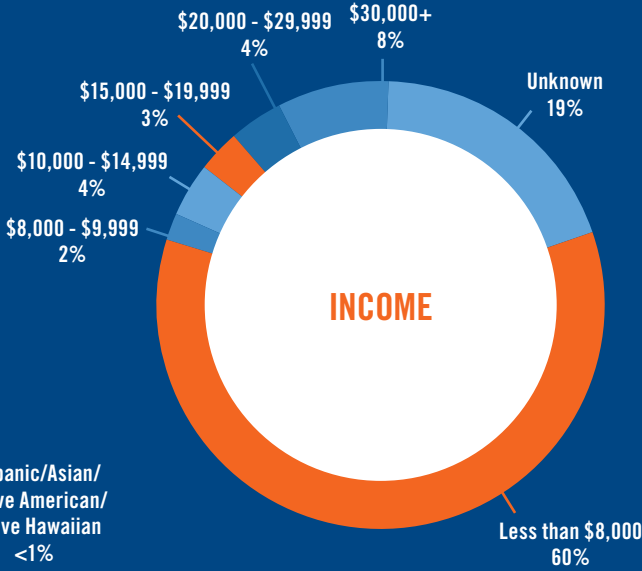
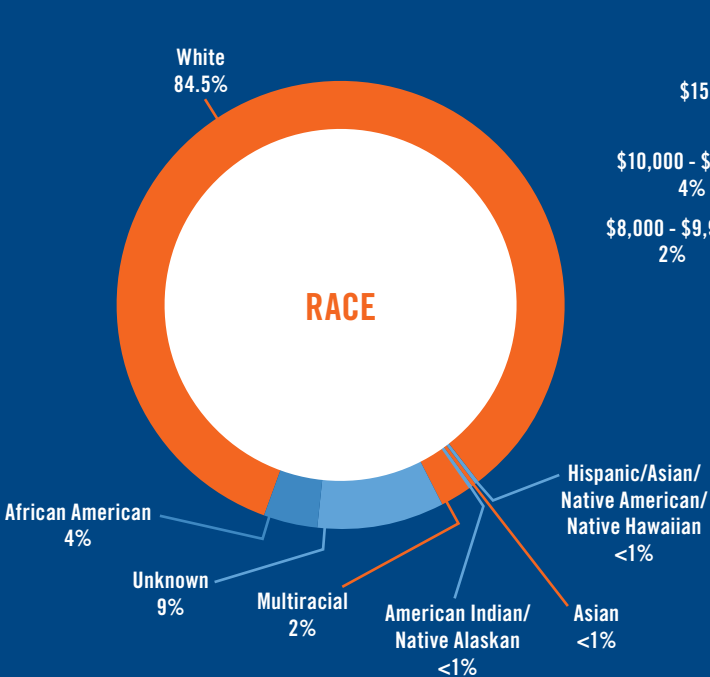
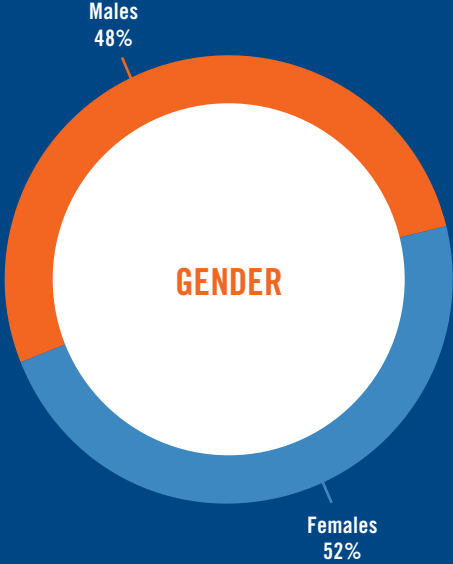
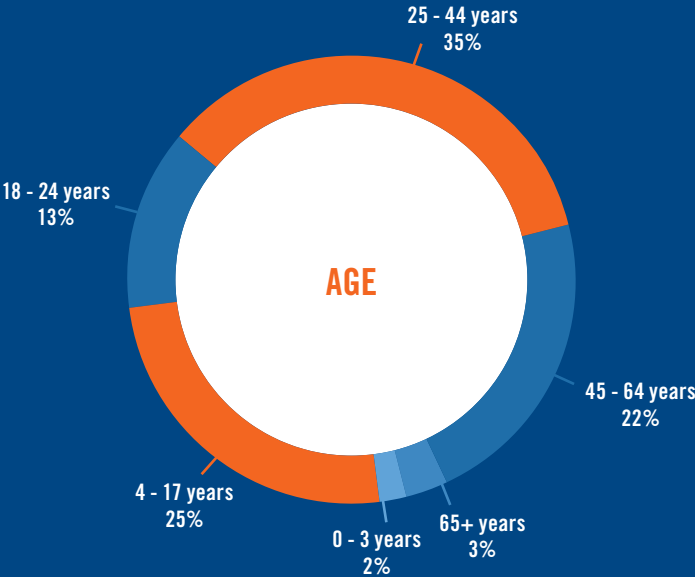
Positive Behavioral Interventions and Supports (PBIS) is a framework or approach for assisting school personnel in adopting and organizing evidence-based behavioral interventions into an integrated continuum that enhances academic and social behavior outcomes for all students. Both Clay County and Sullivan County Wraparound services have implemented this framework in several elementary and middle schools throughout the counties. Schools have begun using PBIS to purchase materials to create a positive environment, incentives to promote positive behaviors, and training for teachers which enable them to be more effective responding to behaviors in the classroom.

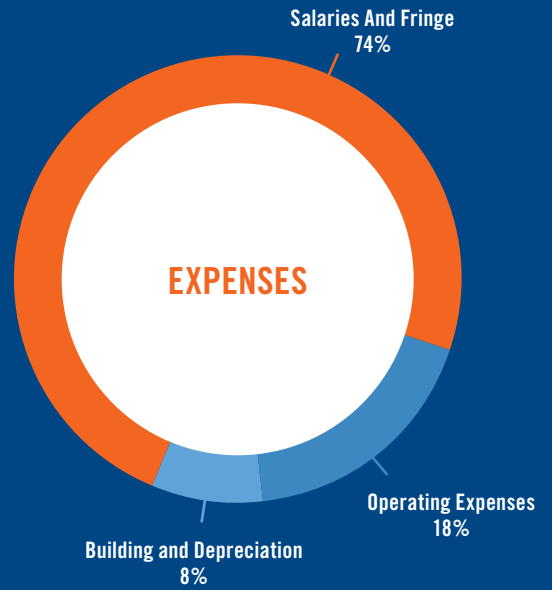
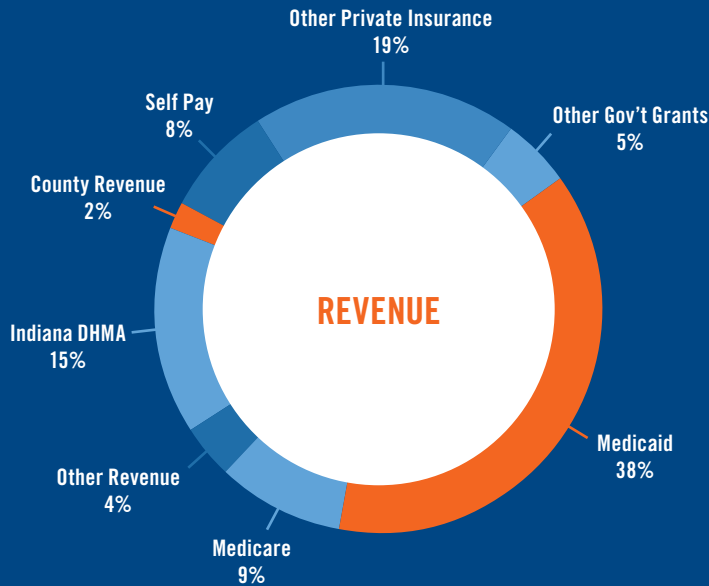
RECOVERY WORKS

Hamilton Center became a provider for Recovery Works, Indiana's forensic treatment program which provides mental health and addiction treatment for those involved with the criminal justice system and do not have insurance coverage.

Of the prison population, 16% of inmates have a diagnosed serious mental illness. Over half of those incarcerated in our state prisons, and just under half in our federal prisons have a substance use disorder. Of those that return to prison after being released, 75% have a substance use disorder. This program, which is a strong partnership between the criminal justice system and the mental health community, works to provide cost effective treatment that works to end the cycle of drug abuse and criminal recidivism.

FISCAL YEAR STATS





NUMBER OF CLIENTS TREATED BY COUNTY

Clay.....	1,157
Greene.....	1,321
Marion.....	812
Owen.....	282
Parke.....	422
Putnam.....	623
Sullivan.....	719
Vermillion.....	572
Vigo.....	4,956
Hendricks.....	951
Other.....	943

Total Clients Treated **12,758**

UNITS OF SERVICE

Outpatient Visits.....	226,026
Inpatient Days.....	5,583
Residential Days.....	19,056
Education/Consultation Hours.....	71
Employment.....	5,726
Home Visits & Plan Meetings*.....	4,674
Early Head Start* Full Days/Part Day sessions.....	238/96

*Infant and Toddler Services (ITS)

CHARITY CARE

\$4,755,714



OUR MISSION
To strengthen the community by providing consistent and lasting support to Hamilton Center, Inc. as it provides the highest quality behavioral health care and wellness services in Indiana.

hamiltoncenterfoundation.org

DEAR FRIENDS:

A year has passed since we made the public announcement of the development of Hamilton Center Foundation Inc. and we have much to be proud. The Foundation Board of Directors and staff have been working to build relationships and spread the word about the need for consistent and lasting support to Hamilton Center in an effort to ensure a strong behavioral health system in central and west central Indiana forever. A few of the highlights include:

- Fully operationalized an investment and spending policy to guide the Board in its fiduciary responsibility and work to maximize an investment strategy.
- Gifted back to Hamilton Center Inc. \$50,000 to support emergent needs of consumers.
- Formed a speaker's bureau which includes a video production featuring community members who have struggled with mental illness and/or addiction.

Included in this report are the many people who have donated to the Foundation since its inception. We are truly grateful to them and to our many community partners who understand the link between a strong mental health system and a healthy vibrant community. If you have not yet given, please consider a gift by going to www.hamiltoncenterfoundation.org. Gifts will be matched by The Hux Family Charitable Trust through December 31, 2016.

Sincerely,



Bob Rhodes Margie Anshutz

Bob Rhodes, Board Chair
Hamilton Center Foundation Inc.

Margie Anshutz, President/CEO
Hamilton Center Foundation Inc.

“Give light and people will find the way.”
- Ella Baker

BOARD MEMBERS

Melvin L. Burks
 Susan Decker
 Greg Goode, *Vice Chair*
 Doug Grim
 Randy Kriebel
 Sharon Melloh, *Secretary*
 Robert Rhodes, *Chair*
 Cary Sparks, *Treasurer*

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The Honorable David Bolk and Mrs. Luann Bolk	Ms. Susan Dolle	Mr. Joel Harbaugh	Ms. Gina McCarty	Mr. Robert Rendaci	Mr. and Mrs. Tom Thomas
Ms. Julie Bowers	Mr. and Mrs. Rob Doti	Mr. and Mrs. Thomas Harris	Mr. and Mrs. Craig McKee	Ms. Rebecca Richards	Sister Dawn Tomaszewski
Dr. and Mrs. Daniel Bradley	Mrs. Mary Beth Dougherty	The Honorable Duke Bennett/ City of Terre Haute	Mr. and Mrs. Robert McLeaish	Ms. Jan Riney	Ms. Michele Topolosek
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Mr. Noah Coley				Ms. Sally Stewart	Dr. Thomas Yeagley and Ms. Alpa Patel
				Dr. Ruthgayle Stith	
				Ms. Stephanie Strohl	

be the
CHANGE

The new fiscal year is off to an incredible start! Thanks to the generosity of community member, mental health advocate and philanthropist, Cindy Martin, the "Be the Change" event August 31, 2016 was a huge success. 150 people attended this active and uplifting event including yoga, cross-fit and a tour of Mother Theodore Guerin's Shrine at Saint Mary-of-the-Woods College. \$6500 was raised which will be matched by The Hux Family Charitable Trust.



building hope, changing lives

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Child &
Adolescent
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812.231.8376

Employment
Solutions
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812.231.8355

West Terre Haute
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