# out of the shadows



# 2014 Annual Report

# ...and into the Lig

## **VIGO COUNTY**

Hamilton Center, Inc. Corporate Office 620 Eighth Ave. (812) 231-8323

Access to Services

(812) 231-8200

(800) 742-0787

66 Wabash Court

(812) 231-8171

Child & Adolescent Services 500 Eighth Avenue Terre Haute, IN 47804 (812) 231-8376

Employment Solutions 1616 Wabash Ave. (812) 231-8355

**CLAY COUNTY** Hamilton Center, Inc. 1211 E. National Ave. Brazil, IN 47834 (812) 448-8801

Hamilton Center, Inc. 900 Southfield Drive Plainfield, IN 46168 (317) 837-9719



## **GREENE COUNTY**

Hamilton Center, Inc. P.O. Box 553 Linton, IN 47441-0553 (812) 847-4435

Hamilton Center, Inc. 431 E. Main St. P.O. Box 69 Bloomfield, IN 47424 (812) 384-9452

### **HENDRICKS COUNTY**

## MARION COUNTY

Hamilton Center, Inc. 2160 N. Illinois St. Indianapolis, IN 46202 (317) 937-3700

### **OWEN COUNTY**

Hamilton Center, Inc. P.O. Box 595 Spencer, IN 47460-0595 (812) 829-0037

## PARKE COUNTY

Hamilton Center, Inc. 215 N. Jefferson St. P.O. Box 123 (765) 569-2031

### PUTNAM COUNTY

Hamilton Center, Inc. 239 Hillsdale Ave. Greencastle, IN 46135 (765) 653-1024

SULLIVAN COUNTY 2134 Mary Sherman Dr. Sullivan, IN 47882 (812) 268-6376

### Vermillion COUNTY

510 S. Main St. P.O. Box 406 Clinton, IN 47842-0406 (765) 832-2436



Hamilton Center exists to provide quality behavioral healthcare, wellness and human development services our community.

C Our Vision is to advance excellence in behavioral health Visio

1. We believe in the worth of all people and believe that they should be treated with dignity, respect, and compassion – people with mental illnesses are valued and deserve respect

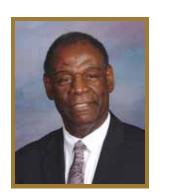
4. We believe people with mental health problems can recover and/or improve their quality of life.

the community. We believe in working collaboratively with

6. We value our employees as people and what they do for

7. We strive to find the resources to serve people regardless of payer source.

The battle to bring mental health issues out of the shadows in current society continues. The crusade against stigma attached to mental and behavioral health services began in the late 1960's when treatment shifted from institutional settings to community-based care. Not long after outpatient programs were implemented, people with mental health issues began moving back into their own communities and participating in normal activities. As a result, their quality of life was enhanced and the community became stronger with increased participation from its citizens. The war continues to be waged for millions of Americans that are stigmatized because of mental health issues.



HAMILTON

CENTER INC. www.hamiltoncenter.org

At Hamilton Center, we are recharging the efforts toward a more accepting society that will find it normal that mental health issues are prevalent within in our communities. We are looking to the future of integrated care that provides services of traditional medical treatment combined with mental health treatment models. We will partner more closely with primary care services and encourage others to look at mental health in a new light, a light that brings mental health out of the shadows. We need to speak up and begin talking about mental health as we would for medical treatment such as heart disease.

We have strong partners in our mission that include schools, legislators, social services agencies, hospital and criminal justice systems that recognize the need to speak up and educate our communities to have open discussions about mental health issues. We work together with our partners to insure access and quality of care to individuals who in the past have not always been heard. Openly discussing mental health issues will shine a light on the reality of the existence of those individuals who need their voices to be heard and acknowledged. We will continue in this journey to bring mental illness out of the shadows and to encourage individuals to seek treatment and find peace in recovery. We aspire to build hope and change lives by reducing the stigma in our communities.

Mel Burks Chief Executive Officer

Indy Health Fair- On September 4th the Indianapolis HCI office held a fantastic wellness fair! There were over 30 vendors in attendance. The fair offered for free:

Blood Pressure Checks Mental Wellness "Ask a Therapist" Glucose Screenings Hearing Screenings Spinal Screenings

Employee Kickoff - Hamilton Center took downtown Terre Haute with staff wearing HCI orange and blue t-shirts at the third annual employee kickoff on July 18th at the Indiana Theatre. Over 500 HCI employees had breakfast at local downtown restaurants before gathering at the theatre for presentations by CEO Mel Burks and special guest Richie Parker. Richie shared his inspiring message of remaining positive and overcoming difficult circumstances in the face of adversity.

Integrated Care Specialist- Hamilton Center's Integrated Care Team understands that mental and substance abuse disorders can lead to poor health choices. These choices contribute to a host of treatable and even preventable diseases such as diabetes, obesity, and cardiovascular disease. Hamilton Center's Integrated Care Team strives to seamlessly coordinate mental and physical health care by working with community resources to help consumers improve mental health and physical health holistically so that they may achieve complete, healthy, fulfilling lives.

New Citizens Program- The New Citizen Program at Hamilton Center is celebrating a very successful first year! The program is designed to give individuals, who are being reintroduced to life outside of incarceration, a new lease on life by offering gainful employment, career development, and mentorship.

"The New Citizen Program is a second chance in life where I can prove to the community that with a genuine opportunity, the odds of being part of the 67% recidivism rate is lessened. This program means everything to me because there's nothing like being somewhere where you are welcomed. Based on decisions made in life, windows are closed and sometimes not reopened. Hamilton Center has opened doors not just within the corporation, but within the community for me. Having a felony and trying to get a decent paying job is extremely challenging. This program has given me opportunities to learn new skills, and I have been truly blessed by the people who take the time to mentor me." Tatu Brown

# **2014 Hamilton Center Program Highlights**

HIV Testing Blood Drive Flu Shots

Choices in Recovery Worksho CPR Demonstrations Improving Your Credit Yoga Class & Fruit Market



One of the main challenges facing mental health is a negative stigma that has been attached to treatment. Hamilton Center has been leading the way in the fight against this negative stigma by educating and engaging our community with the hope that can be found in treatment. In 2014, Hamilton Center

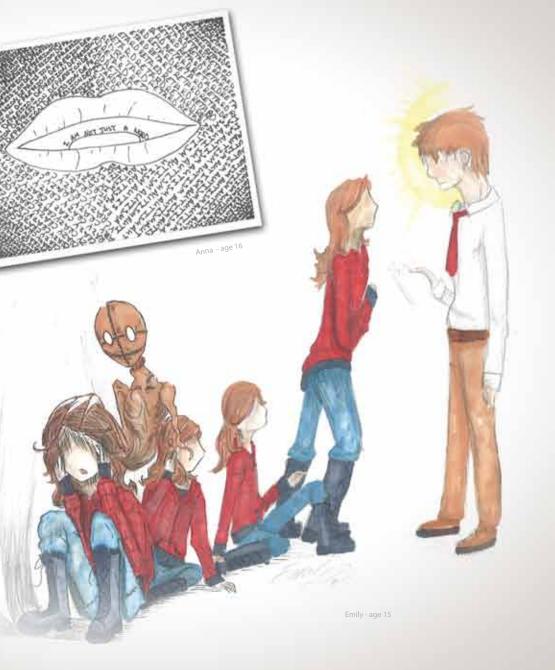
Kathy - age 52



hosted a ten county-wide community art contest encouraging individuals to represent through written word and visual art what "Bringing Mental Health Out Of The Shadows" means to them. Here is how some of our community responded.

Michael - age 17

The Shadow The Illness is a terribe Kaked aside like a crumpled piece of paper. Grered up like a stails Mara-age 16 It is covered up and forgotten about. It is thrown into the darkness of the Shadow. All it needs is a helping hand To show it the way. To show it the way. Or a bright light ort a leader, Who will help them conque The shadow.





# **Out of the Shadows**

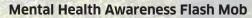




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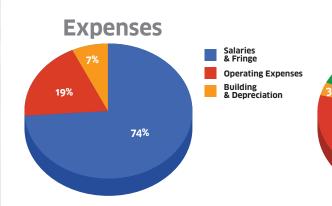
On May 23rd a group of Wabash Valley kids performed a flash mob on the steps of the Vigo County Courthouse. It was all in the name of bringing awareness to children's mental health. This event was organized by Hamilton Center staff to celebrate May as Mental Health Awareness Month Mayor Duke Bennett participated in the dance and gave a mental health proclamation. Hamilton Center is committed to support innovative activities to advance mental health awareness to bring mental health out of the shadows.

## **Out of the Shadows**

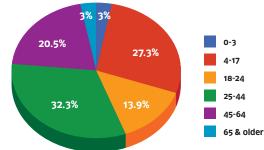
Hamilton Center, Inc. is excited to announce the launch of a new way we are going to reach the world with information and inspiration about mental health issues! Out of the Shadows is a new podcast that will help bring mental health into the light by educating our community in a new and fresh approach. The podcast will highlight mental health disorders and trends, as well as highlight Hamilton Center, Inc. programs and staff. To find out more, or to become a listener, go to www.OutoftheShadows.org

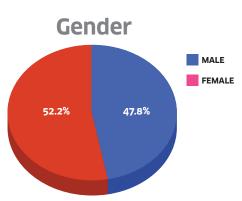


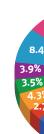




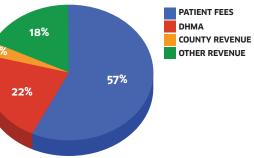
Age



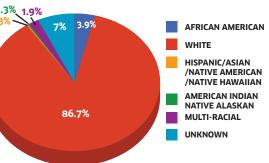




## Revenue



## Race



## Income



## UNITS OF SERVICE

Outpatient Visits	203,875
Inpatient Days	3,987
Residential Days	15,353
• Education/Consultation Hours	91
• Employment	6,748
• Home Visits*	4,250
• Full Days- Early Head Start*	217
*Infant and Toddler Services (ITS)	

NUMBER OF CLIENTS TREATED **BY COUNTY** 

985
1,235
478
279
353
488
636
409
3,632
769
2,211

## **TOTAL CLIENTS TREATED** 11,475

**CHARITY CARE** \$5,409,258