

**MENTAL HEALTH CITED AS  
ONE ROADBLOCK TO LEARNING**

- The Wall Street Journal

**BULLYING CAUSES  
TEEN SUICIDE  
ATTEMPT**

- WIFR Channel 23, Rockford, IL

**ECONOMY CAUSING  
DEPRESSION  
IN MANY**

- National Institutes of Health

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**SEEKING LOCAL SOLUTIONS**

2013 Annual Report

**HAMILTON  
CENTER, INC.**  
[www.hamiltoncenter.org](http://www.hamiltoncenter.org)

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## MISSION

Hamilton Center, Inc. exists to provide quality behavioral healthcare, wellness and human development services to our community.

## VISION

Our Vision is to advance excellence in behavioral health services through compassion, customer responsiveness, innovation and flexibility.

## CORE VALUES

1. We believe in the worth of all people and believe that they should be treated with dignity, respect, and compassion – people with mental illnesses are valued and deserve respect and access to services.
2. We aspire to participate in improving the quality of life of all people and the communities in which we live.
3. We believe in serving people in their home communities – we believe in the least restrictive care, care that allows people to live as independently as possible.
4. We believe people with mental health problems can recover and/or improve their quality of life.
5. We believe in working with and supporting other stakeholders in the community. We believe in working collaboratively with others to help consumers while utilizing a holistic team concept, and providing wraparound services.
6. We value our employees as people and what they do for the organization.
7. We strive to find the resources to serve people regardless of payer source.



## MESSAGE FROM THE CEO

As I reflect on the last year, I feel it was a call to action for all of us to do our part to ensure a safe community for all. Several tragic events on the national stage highlighted the need for us to work together to address issues using a comprehensive approach – looking at mass shootings, ensuring our schools are safe, working to decrease the stigma of mental illness and ensuring mental health services are accessible to those in need.

Not all people with mental health issues are violent, prone to criminal behavior or mentally challenged. They suffer from a real disease that strikes often with no warning, so as a society we must become more educated, aware, preventative and tolerant, refusing to continue to allow people to suffer in silence or neglect.

Hamilton Center hosted a series of meetings with community leaders, school personnel, law enforcement, county council members, religious leaders and others to develop a plan to address these issues. One of the key elements of that plan was the development of a community education program called Mental Health First Aid. This national program was brought to Hamilton Center in part by a

generous donation from Oakley Foundation. This evidence-based program includes certified trainers who teach participants about identifying warning signs and risk factors for people who are suffering from mental health problems and helping them connect with available services. I look forward to this program expanding this year.

In addition, the year was full of infrastructure and organizational changes that will positively impact service delivery. The organization expanded the walk-in clinic and aligned management responsibilities to improve quality and consistency between counties of operation.

I am proud to report that we have strengthened our commitment to serving those who serve us – veterans and their families. Hamilton Center achieved Four-Star Certification by the Indiana Veterans Behavioral Health Network. We continue to train clinical staff on military issues and plan this year to hire a veteran peer recovery specialist who will be a part of the consumer's treatment team with the unique perspective of "having been there."

As we look forward, one of the issues affecting all Americans is the

Affordable Care Act. We are working to understand the law and its impact on our consumers and their families. Insurance will now be obtainable for many people, and we are preparing to meet the demand for services.

Lastly, I want to thank the many community partners who work in tandem with us to provide the highest quality of behavioral health services. Among them is the Indiana Department of Child Services. This critically important agency has worked closely with the community mental health center system to improve the support and coordination of services to families. We look forward to a continued effort to strengthen the relationship between our organizations and to positively impact families in central and west central Indiana.

Sincerely,

A handwritten signature in black ink that reads "Mel Burks". The signature is written in a cursive, flowing style.

Mel Burks

**THE NEWS HEADLINES  
THESE  
DAYS SEEM**

**TRAGIC D.C. INCIDENTS  
HIGHLIGHT CHALLENGES**

- Courier-Post, South New Jersey

**TO BE FULL OF DISTURBING  
INCIDENTS  
THAT IN ONE  
WAY OR**

**SUICIDE  
NOW THE LEADING CAUSE  
OF INJURY DEATH**

- HealthDay.com

**ANOTHER LEAD  
BACK TO AN  
EXAMINATION OF SOCIETY'S  
MENTAL HEALTH ISSUES.**

**GUNMAN LOST HIS JOB,  
OPENED FIRE**

- Minneapolis Star Tribune

Mental health issues are often associated with socio-economic pressures, stressful work conditions, social exclusion, PTSD associated with combat or war, victims of violence, poor physical health and more. In the past year, Hamilton Center, Inc. has undertaken several groundbreaking initiatives to address these issues locally.

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## MENTAL HEALTH FIRST AID



Hamilton Center's first Mental Health First Aid graduates are left to right, front row: Greg Allen, Certified MHFA Trainer, Amy Padgett, Linda Allen, Destiny Harder, Elaine Sullivan; back row: Phillip Barber, Brocklan Vedder, Brandon Brush, Jeremy Link, Mattie Gilbert.

After the recent rash of violence, especially in schools and at public events, Hamilton Center CEO Mel Burks called together community law enforcement, school administration, clergy and stakeholders to form a

community action team. In alliance with local church pastors, Vigo County Schools, the police chief and county sheriff, Prosecutor Terry Modesitt, the fire chief, Terre Haute Mayor Duke Bennett, the county council and Vigo County commissioners, the resulting Community Mental Health Action Plan was designed to increase public awareness of mental health issues and solutions and provide training for those who deal with the public.

The most important aspect of the Community Action Plan was implementation of Mental Health First Aid (MHFA), a public education program that helps people identify, understand and respond to signs of mental illnesses and substance

abuse disorders. The program produces "certified" trainers who then train the community in this effective evidenced-based model. The Hollie and Anna Oakley Foundation supported MHFA by awarding Hamilton Center a \$15,000 grant.

The eight-hour Mental Health First Aid course benefits primary care professionals, employers and business leaders, faith communities, educators, law enforcement officers, nursing home staff, mental health practitioners, volunteers, young people, families and the general public. Sessions are offered monthly in Vigo and Marion counties.

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## "FOUR-STAR" SERVICES FOR OUR VETERANS

Hamilton Center has been designated "military friendly" by the Indiana Veterans Behavioral Health Network (IVBHN), receiving the highest designation of four stars.

Major factors in the designation were the Bloomfield location's Veterans Tele-health Program and HCI's implementation of processes and policies demonstrating its corporate

commitment to serving members of the Armed Forces at other sites.

The 2012 HCI Annual Dinner honored active and retired veterans and their families, and CEO Burks unveiled the assertive corporate initiative to provide more convenient services such as tele-health (video therapy). Our clinicians are receiving specialized training.



Pictured left to right are Kathy L. Cook, President and CEO of ASPIN; Mel Burks, CEO Hamilton Center, Inc. and Bob Strange, IVBHN Project Director.

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## TRAUMA-INFORMED CARE

Hamilton Center is among only 37 behavioral health organizations across the U.S. chosen to participate in the National Council for Community Behavioral Healthcare's 2013 Trauma-informed Behavioral Healthcare Learning Community, launched in April. HCI has created a team of clinicians, executives, quality staff and consumers, which will begin focusing on an overall

Trauma-informed philosophy within Hamilton Center and the community.

To begin to address trauma evidenced in children from birth to age five, HCI Program Manager Missy Burton was chosen to participate in the Child Trauma Institute and Department of Children's Services intensive two-year commitment of strenuous professional development

and training for child/parent psychotherapy. This is a relationship-based therapy that incorporates both the child and caregiver and assists them in working through trauma and addressing issues impacting trust through methods like play therapy, modeling, interpretation and concrete support that fall in line with HCI's corporate Trauma-informed Care initiatives.

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## REACHING MENTAL HEALTH CHALLENGED YOUTH

The Vigo County Wraparound Program has been selected as a pilot site to implement this project sponsored by the Indiana Department of Child Services. This collaborative project is aimed at helping youth with intensive mental health challenges and their families. It will provide

intensive wraparound and grant-funded services to children and adolescents, ages six through 17, as well as to Vigo County families with private insurance or no insurance that meet certain criteria. The project will fund initial assessments, habilitation (skills training), family

support and training, and respite and residential services.

The goal of Wraparound is early intervention and behavior modification, so the child may remain in the home to avoid greater future challenges.

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## FRESH STARTS AND NEW BEGINNINGS

Three Hamilton Center programs – Employment Solutions, Project Search and the Offender Workforce Development initiative – have been designed to assist clients in finding rewarding employment while at the same time meeting area employer staffing needs.

Employment Solutions, the employment component of Hamilton Center, Inc., has experienced specialists who provide assistance and guidance for Hamilton Center consumers, ages 18 and over, who desire competitive employment in spite of mental or physical disabilities. This division of Hamilton Center has services in 10 of its 11 counties. Programs are individualized to help clients gain essential on-the-job and experiential training, and committed staff create

work plans to accomplish long-term personal career goals for both the consumer and the employer.

Giving hope to young adults with significant disabilities, Employment Solutions offers Project SEARCH. This program offers internships that provide employment and educational opportunities to high school students. Union Hospital is the business partner for Project SEARCH.

Employment Solutions' Richie Adderley has been selected to be Hamilton Center's Offender Workforce Development Specialist. After completing an accredited training course, Richie will be implementing HCI and the Office of Workforce Development's Offender Workforce Development



Project SEARCH, in collaboration with Vocational Rehabilitation Services, has graduated 13 students since its inception in 2009.

Program for individuals who have been released from incarceration. This program is designed to deliver effective workforce re-entry services with the ultimate goals of reducing Indiana's recidivism rate and better preparing individuals for the best possible transition from post-release to employment.



Hamilton Center, Inc. was one of eight Indiana health care providers to receive statewide recognition for adoption and enforcement of a comprehensive tobacco-free grounds policy at their facilities. The Rural Indiana Smoke-Free Environment (R.I.S.E.) awards were presented to the providers as part of the 16th annual Indiana Rural Health Association (IRHA) conference in Indianapolis. The theme of the two-day conference was "Adapting for a Healthier Future." Margie Anshutz, Chief Development Officer and President of the Hamilton Center Foundation, accepts the award.

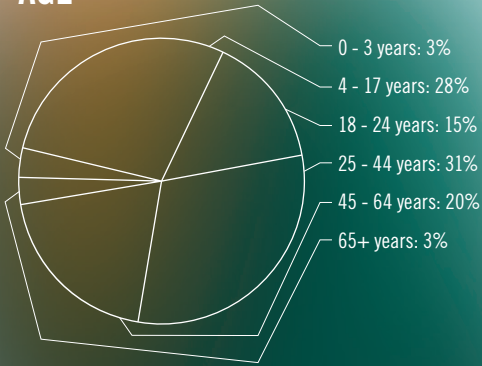


Friday, May 10th at Rea Park golf course, more golf balls DROPPED, than in the past 21 years! During the 22nd Annual Sheriff's Shootout, Hamilton Center hosted its first-ever Golf Ball Drop. CEO Mel Burks and honorary co-chair Vigo County Sheriff Greg Ewing joined forces with Terre Haute Fire Department Chief Jeff Fisher, so the public could win \$5,000 in support of Early Childhood Development. Winners were Charlotte Fulk (left), Health Services Coordinator, and Jill Harrison (right), Early Head Start Manager.

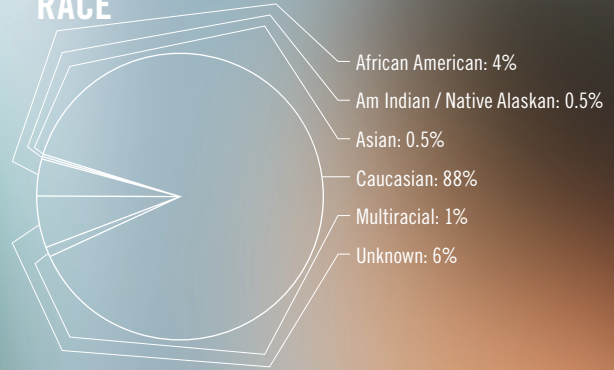


Hamilton Center thanked its nurses for their professionalism and commitment to providing the very best care for our consumers. Pictured left to right are front row: Mickey Leslie, Lisa Tincher, Debbie Hills, Dierdre Dillon, Candis Nuttall, Patty Butrum and Brooke Kempf; back row: Susan Brumfield, Bobbie Riker, Joan Chesser, Carolyn Burns, Rita Nuss and Lori Winings; not pictured are Bobbie Critchfield, Carolyn Smeltzer, Connie Cannon, Dennis McBride, John Andrews, Kimberly Church, Myra Higgins, Nancy Houser, Rachel Gwaltney, Robbie Valentic, Sandra Gamble, Sharon Dierdorff, Sherry Pearson, Stephanie Steele, Amber Richie, Susan Jones, Tiffany Hopkins and Tracy Batchler.

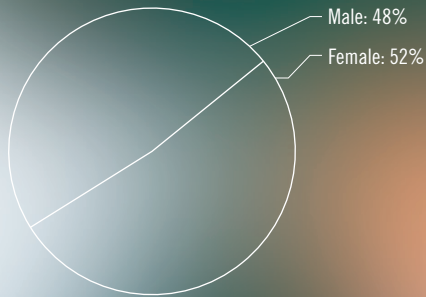
## AGE



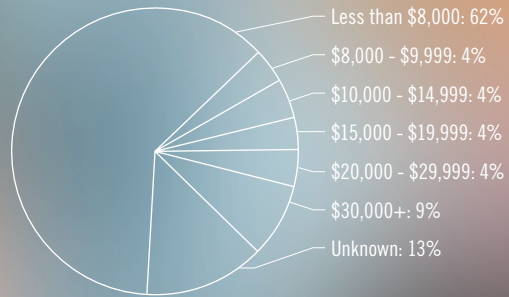
## RACE



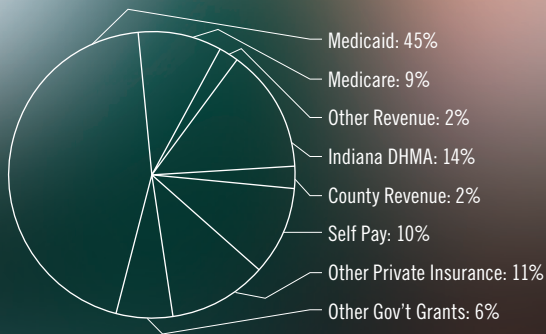
## GENDER



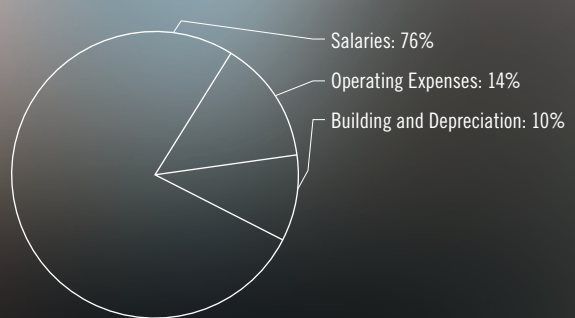
## INCOME



## REVENUE



## EXPENSES



## NUMBER OF CLIENTS TREATED BY COUNTY

Clay	1127
Greene	1557
Hendricks	818
Marion	452
Owen	299
Parke	460
Putnam	494
Sullivan	825
Vermillion	525
Vigo	4091

## UNITS OF SERVICE

Outpatient Visits	275,873
Inpatient Days	5,125
Residential Days	19,097
Education/Consultation Hours	99
Employment	4,449
Home Visits & Planning Meetings	5,538
Full Days - Early Head Start	239

## CHARITY CARE

\$5,092,905

Total Clients Treated **10,648**

Data provided with independent audit by Blue & Co. Certified Public Accountants.



**VIGO COUNTY**  
Hamilton Center, Inc.  
Corporate Office  
620 Eighth Ave.  
Terre Haute, IN  
47804  
(812) 231-8323

Access to Services  
(812) 231-8200  
(800) 742-0787

Addiction Services  
66 Wabash Ct.  
Terre Haute, IN 47807  
(812) 231-8171

Child & Adolescent  
Services  
500 Eighth Ave.  
Terre Haute, IN  
47804  
(812) 231-8376

Employment Solutions  
1616 Wabash Ave.  
Terre Haute, IN 47807  
(812) 231-8355

**CLAY COUNTY**  
Hamilton Center, Inc.  
1211 E. National Ave.  
Brazil, IN 47834  
(812) 448-8801

**GREENE COUNTY**  
Hamilton Center, Inc.  
Lonetree Rd.  
Linton, IN 47441  
(812) 847-4435

Hamilton Center, Inc.  
431 E. Main St.  
Bloomfield, IN 47424  
(812) 384-9452

**HENDRICKS COUNTY**  
Hamilton Center, Inc.  
900 Southfield Dr.  
Plainfield, IN 46168  
(317) 837-9719

**MARION COUNTY**  
Hamilton Center, Inc.  
2160 N. Illinois St.  
Indianapolis, IN  
46202  
(317) 937-3700

**OWEN COUNTY**  
Hamilton Center, Inc.  
909 W. Hillside Ave.  
Spencer, IN 47460  
(812) 829-0037

**PARKE COUNTY**  
Hamilton Center, Inc.  
215 N. Jefferson St.  
Rockville, IN 47872  
(765) 569-2031

**PUTNAM COUNTY**  
Hamilton Center, Inc.  
239 Hillsdale Ave.  
Greencastle, IN  
46135  
(765) 653-1024

**SULLIVAN COUNTY**  
Hamilton Center, Inc.  
2134 Mary Sherman Dr.  
Sullivan, IN 47882  
(812) 268-6376

**VERMILLION  
COUNTY**  
Hamilton Center, Inc.  
510 S. Main St.  
Clinton, IN 47842  
(765) 832-2436

For compliments or  
concerns about services,  
call the Indiana Division of  
Mental Health's Consumer  
Line at (800) 901-1133.

