

2015 ANNUAL REPORT

# building hope, changing lives

#### MISSION

Hamilton Center exists to provide quality behavioral healthcare, wellness and human development services to our community.

### VISION

Our Vision is to advance excellence in behavioral health services through compassion, customer responsiveness, innovation and flexibility.

#### **CORE VALUES**

- We believe in the worth of all people and believe that they should be treated with dignity, respect, and compassion – people with mental illnesses are valued and deserve respect and access to services.
- 2. We aspire to participate in improving the quality of life of all people and the communities in which we live.
- 3. We believe in serving people in their home communities – we believe in the least restrictive care, care that allows people to live as independently as possible.
- 4. We believe people with mental health problems can recover and/or improve their quality of life.
- We believe in working with and supporting stakeholders in the community. We believe in working collaboratively with others to help consumers while utilizing a holistic team concept, and providing wraparound services.
- 6. We value our employees as people and what they do for the organization.
- 7. We strive to find the resources to serve people regardless of payer source.

# **MESSAGE FROM THE CEO**



Last year we talked about the battle to bring mental health issues out of the shadows – Hamilton Center continues that battle as we *light the way* for those in need of recovery and healing. As we move forward in the charge to wrap services around those who need mental health services, Hamilton Center is armed with an aggressive plan to strengthen our internal resources as well as the partnerships in our communities.

Hamilton Center's Board of Directors is driving the corporation forward through their vision and strong leadership as they approved a 3-year strategic plan that will chart the course for our organization. Our corporation's mission, vision, and core values were at the forefront as the board set this strategic plan in motion. Included in the plan are 10 key strategic priorities that have been assigned to our corporation's executive leadership to achieve:

- Measure, monitor and improve outcomes
- Address stigma/access by education and outreach
- Primary care and behavioral health care integration
- Increase recruitment, retention and competency with key positions
- Increase access to services
- Implement practices to support the Affordable Care Act
- Increase partnerships with the criminal justice system
- Continue to advance technology for improved consumer care
- Revenue diversification and financial benchmarks
- Continue incorporating Trauma-Informed Care throughout the corporation

This is an important year for our corporation as Hamilton Center Foundation, Inc. is now in operation to support the mission of Hamilton Center, Inc. With the full support of the corporation's board, this Foundation will have a critical role in assuring the organization has the resources needed to provide the highest quality services.

We must not forget the people who provide these critical services within Hamilton Center – the employees. The corporation has taken aggressive steps to support our staff and to attract new professional staff with the necessary resources to show appreciation for their efforts. Through these supportive steps, the Board of Directors have shown that they value the employees who come to work every day and strive to meet the mission and vision of the corporation by putting the consumers first - to *light the way* for those in need.

du L'Buh

Melvin L. Burks Chief Executive Officer



# 2015: AT A GLANCE

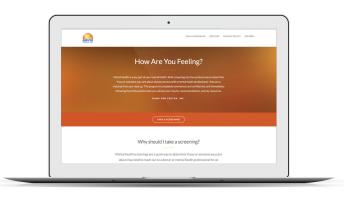
### **ONLINE SCREENINGS TOOL**

This past year Hamilton Center made it a priority to reach the community with our message of hope and recovery by the utilization of technology. In May of 2015, Hamilton Center launched HClscreenings.org, an online screening tool that can be accessed 24 hours a day, on any device, and it's totally free and confidential! HClscreenings.org is the perfect first step for an individual, or loved one of an individual, who is ready to begin seeking out treatment.

Users can email themselves the screening results so they can discuss it during a formal assessment at Hamilton Center with a therapist, or talk with their primary care doctor about the results. HCIscreenings.org offers seven different screenings including:

- Depression
- Generalized Anxiety Disorder
- Adolescent Depression
- Bipolar Disorder
- Alcohol Use Disorder
- Post-Traumatic Stress Disorder
- Eating Disorder

The screenings are typically 10-15 questions in length and can be completed in as little as five minutes! The results of the screening does not say definitively that the user has a diagnosis but lets the user know if their symptoms may be consistent with the disorder.



HClscreenings.org has built-in features to detect if the user is experiencing suicidal thoughts. If detected, the screening tool pops up information for the National Suicide Hotline and instructions on how to get immediate assistance.

HClscreenings.org is totally free, confidential, and works great on any computer, tablet, or smartphone. It is also available in Spanish!

Since May, HClscreenings.org has had nearly 1,000 screenings completed! Hamilton Center feels that this tool will be instrumental in reaching individuals whose first inclination is to turn to the internet when they are looking for help and guide them towards beginning treatment at one of our local facilities.

#### **NEW CITIZEN PROGRAM**

The New Citizen Program has kicked off another successful year. Hamilton Center is paving the way with the initiative to give a second chance to previously incarcerated individuals. Two participants have completed the program and are full time employees at Hamilton Center.

CEO, Melvin L. Burks, fostered the idea of the New Citizen Program, believing that everyone should get the opportunity to have a second chance. His vision is to prove to the community that it is possible to rehabilitate an ex-offender into a "new citizen."

The hiring process has already begun for the next group of candidates. This opportunity offers gainful employment, career development, and mentorship for the selected individuals.

#### MENTAL HEALTH AND LAW: AN UNAVOIDABLE INTERFACE

Hamilton Center hosted a first of its kind symposium during Mental Health Awareness Month in May. The symposium provided a platform for representatives from the medical, judicial, educational, and law enforcement entities to have an open and honest dialogue of how the system as a whole operates around mental illness. Hamilton Center Chief Medical Officer, Dr. Ahsan Mahmood, gave the keynote address. Other presentations were made by Dr. Randy Stevens, Joseph Etling, Sheriff Greg Ewing, Judge Michael Lewis, and DMHA Assistant Director, Andrea Hern. A round table discussion was led by Judge Michael Rader, Judge Lucky Reddy, Putnamville Correction Facility representative Troy Pedersen, and Hamilton Center Psychologist, Dr. Jennifer Hutchens.

Topics of housing, re-entry, and early intervention were highlights of the event.

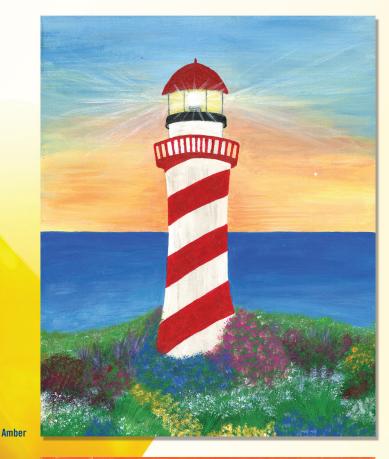
## **2ND ANNUAL HAMILTON CENTER ART EXHIBITION**

This is the 2nd year for the Hamilton Center annual art exhibition. We have encouraged the community to participate in expressing their feelings on mental illness.

0 h, she cannot stop thinking about that homework assignment
B ut sleep is whispering her name
S he must treat everything with refinement
E ndless misery and pain
S everal days spent feeding her insatiable soul
S he ignites the flame of want and desire
I gnoring the voice saying she has met her goal
V itamins cannot cure her burning fire
E very job or commitment makes her shutter

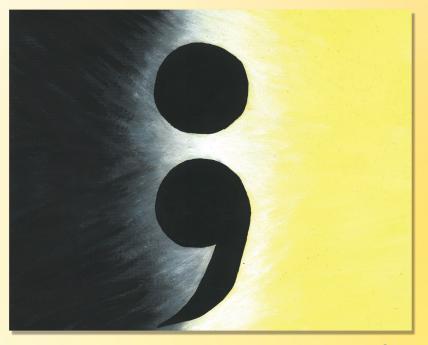
C onceptualizing what all must be done
O ver analyzing anything one can mutter
M astering everything except for fun
P rocrastinating enough to make her sweat
U nderestimating herself with words like "idiot"
L osing her brightness, her sun has set
S orry for her mistakes, descending into a pit
I lluminating any distractions
V irtually talking to no one
E rasing her love of rhythm

D istancing herself until all is won
I magining a time of bright
S he finds herself beholding a light
O ver looking her obstacles that she once thought made her wise
R eversing the damage that had caused her demise
D irecting her gaze to happiness and peace
E very thought of stress begins to cease
R emembering the light that used to be, and is finally now, her life.

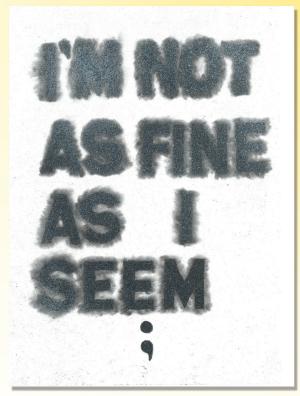


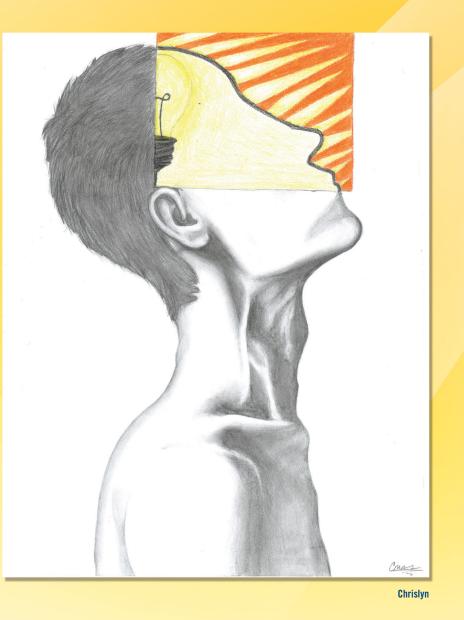


Katelyn



Deanna





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The Semicolon Project is quickly popping up everywhere. This punctuation mark is raising awareness against depression, self-harm, and suicide.

"A semicolon is used when an author could have ended the sentence with a period, but didn't. Simply put, you are the author and your life is the sentence. The semicolon is a reminder to pause, breathe, and keep going." - Ashlee Coffey, World Herald

### **UNITS OF SERVICE**

Outpatient Visits	232,404
Inpatient Days	5,460
Residential Days	18,686
Education/Consultation Hours	98
Employment	6,195
Home Visits & Plan Meetings*	4,628
Full Days- Early Head Start*	241

\*Infant and Toddler Services (ITS)

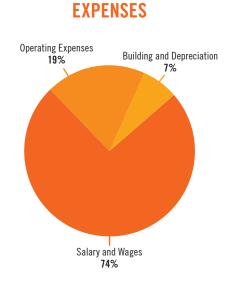
# NUMBER OF CLIENTS TREATED BY COUNTY

Clay	1,073
Greene	1,231
Marion	667
Owen	325
Parke	448
Putnam	621
Sullivan	651
Vermillion	512
Vigo	4,548
Hendricks	961
Other	1,368
Total Clients Treated	12,405

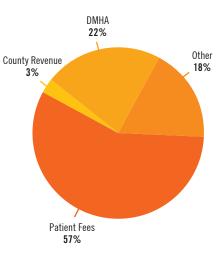
**CHARITY CARE** 

\$5,352,106

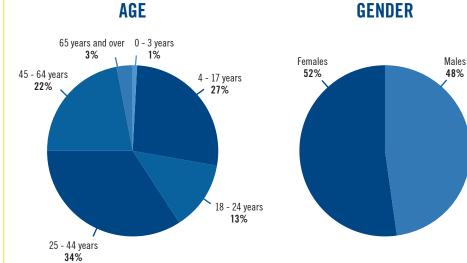
# **FY2015**



**REVENUE** 



**CLIENT PROFILE** 



RACE White

88%

African American

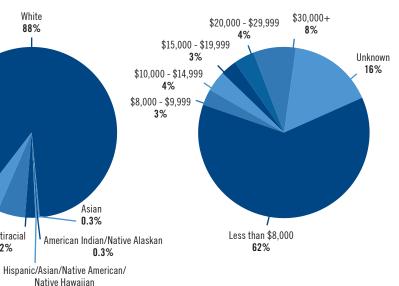
4%

Unknown

5.2% Multiracial

2%

0.2%



INCOME

## HAMILTON CENTER FOUNDATION

We are honored and eager to share with you the formation of Hamilton Center Foundation Inc., a newly created not-for-profit corporation whose mission is to strengthen the community by providing consistent and lasting support to Hamilton Center, Inc.

Our collective excitement is palatable. The Hamilton Center Board of Directors made a commitment to this initiative years ago, and the newly created Foundation board of directors has devoted countless hours to its development. The initial concept, developed in 2009 with the vision of our former CEO, Galen Goode, and shared with our current CEO, Melvin L. Burks, has finally become a reality.

Many of you understand the critical importance of Hamilton Center services, but for those who might not be aware, Hamilton Center provides assistance to approximately 12,000 clients each year, within a 10 county region. The organization provides approximately \$5,000,000 in charity care each year with over 80% of consumers served reporting annual incomes at or below the federal poverty level. Hamilton Center serves some of our most vulnerable populations in this region. The organization makes a significant impact to the quality of life of consumers and the overall health of the communities in central and west central Indiana.

Funding for the organization has not always been congruent with the enormous need for services. The Foundation will become a vital supporter of those services, helping to ensure mental health and addictions services are available, accessible and

of the highest quality. With this being said, our board recently approved our first grant of \$50,000 to support some of the programs.

As a member of our community, you can take a critical role in insuring our mission is accomplished. Please consider support to the Hamilton Center Foundation as you make your philanthropic decisions. It is our foresight that Hamilton Center will remain strong for future generations. We must band together to insure a truly healthy community including mental health which plays a fundamental role. Please join our staff and Board and help us light the way for those in need.

Sincerely.



Bob Rhodes Margue Anslutz

Bob Rhodes. Board Chair Hamilton Center Foundation Inc. Margie Anshutz. President/CEO Hamilton Center Foundation Inc.





#### **OUR MISSION**

To strengthen the community by providing consistent and lasting support to Hamilton Center, Inc. as it provides the highest quality behavioral health care and wellness services in Indiana.



#### building hope, changing lives

800.742.0787 • www.hamiltoncenter.org

#### VIGO COUNTY

Corporate Office 620 Eighth Ave. Terre Haute, IN 47804 812.231.8323

Access to Services 812.231.8200 800.742.0787

Addiction Services 66 Wabash Ct. Terre Haute, IN 47807 812.231.8171 Child & Adolescent Services 500 Eighth Ave. Terre Haute, IN 47804 812.231.8376

Employment Solutions 1616 Wabash Ave. Terre Haute, IN 47807 812.231.8355

**CLAY COUNTY** 1211 E. National Ave. Brazil, IN 47834 812.448.8801 **GREENE COUNTY** P.O. Box 553 Linton, IN 47441 812.847.4435

431 E. Main St. P.O. Box 69 Bloomfield, IN 47424 812.384.9452

HENDRICKS COUNTY 900 Southfield Dr. Plainfield, IN 46168 317.837.9719

#### MARION COUNTY 2160 N. Illinois St. Indianapolis, IN 46202 317.937.3700

**OWEN COUNTY** 909 W. Hillside Ave. P.O. Box 595 Spencer, IN 47460 812.829.0037

PARKE COUNTY 215 N. Jefferson St. P.O. Box 123

P.O. Box 123 Rockville, IN 47872 765.569.2031

#### **PUTNAM COUNTY** 239 Hillsdale Ave. Greencastle, IN 46135

Greencastle, IN 46135 765.653.1024

SULLIVAN COUNTY 2134 Mary Sherman Dr. Sullivan, IN 47882 812.268.6376

VERMILLION COUNTY 510 S. Main St. P.O. Box 406 Clinton, IN 47842 765.832.2436







